

# Update on glomerulonephritis: How to classify and how to treat

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## Abstract

The term glomerulonephritis (GN) describes immune-mediated disorders of the kidney's filtration units (the glomeruli). Current classifications are based on histopathological lesion patterns. However, different underlying conditions can lead to similar tissue injury and lesions but the respective therapy depends on the underlying disease. To this end, a new classification should involve the cause of GN. The five proposed categories comprise infection-related GN, autoimmune GN, alloimmune GN, autoinflammatory GN, and monoclonal gammopathy-related GN. Making the correct diagnosis can involve numerous different avenues of diagnostics beyond or even without a kidney biopsy. Additionally, dissecting activity from chronicity in GN and considering other systemic disorders and risk factors of an individual is essential to trigger different therapies. With the assessment of now available disease activity markers immunomodulatory drugs should be used for the active phase and long-term renoprotective drugs in chronic conditions. Taken together, the proposed classification aims to improve our understanding, the diagnosis and treatment of glomerulonephritis and might pave the way to next generation patient individual precision medicine.

**Keywords:** Glomerulonephritis, Immunonephrology, Autoimmunity, Nephropathology

## Introduction

Glomerulonephritis (GN) represents a group of immune-mediated disorders characterized by inflammation and injury of the glomeruli [1], which are the kidney's filtration units. These disorders can cause severe kidney damage comprising renal replacement therapy, thus posing a significant burden on healthcare systems [2]. Despite its historical categorization based on histopathological findings [3], the evolving understanding of the immune mechanisms underlying GN calls for a more nuanced approach to classification and treatment [1].

The glomeruli, nested within the nephron, serve as a highly specialized filtration barrier. Comprising endothelial cells, the glomerular basement membrane (GBM), and podocytes, this structure maintains the delicate balance of retaining essential proteins and cellular components while allowing the passage of water and certain solutes. Immune-mediated disruptions to this intricate barrier result in hallmark clinical features, including proteinuria, hematuria, and impaired kidney function.

Traditionally, GN has been categorized by lesion patterns observable in kidney biopsies [1,3]. Terms such as membranoproliferative GN, crescentic GN, and membranous nephropathy have long guided clinicians in understanding disease morphology. However, this histological approach can overlook the underlying immunological processes, leading to therapeutic ambiguity and suboptimal outcomes. For instance, two patients with similar biopsy findings might exhibit vastly different responses to the same treatment due to variations in their disease's immunopathogenesis

[1]. This discrepancy underscores the limitations of histology-centric paradigms. Recent advances in immunonephrology have illuminated the diverse mechanisms driving GN [1,4-8]. From infections that incite immune complex formation [5,9,10] to autoantibody-driven inflammation in autoimmune diseases [1,4,5,11-16], the spectrum of GN reflects the interplay of innate and adaptive immune system. Infections, autoimmune conditions, transplantation [17-22], genetic predispositions [23-31], and monoclonal gammopathies [32-34] represent distinct triggers, each with unique therapeutic implications. These insights have catalyzed the shift towards a pathogenesis-based classification [1,4,35], aligning disease categorization with precision medicine.

Pathogenesis-based frameworks not only enhance diagnostic accuracy but also pave the way for tailored treatments [1]. For example, infection-related GN benefits from pathogen-targeted therapies [9,10,36], while autoimmune GN responds to immune modulation strategies [14,37–50]. Similarly, the recognition of autoinflammatory GN has spurred the development of cytokine inhibitors [51], and monoclonal gammopathy-related GN requires plasma cell-directed treatments [52,53]. This review explores the proposed reclassification of GN comprising five immune-mechanism driven categories: infection-related GN, autoimmune GN, alloimmune GN, autoinflammatory GN, and monoclonal

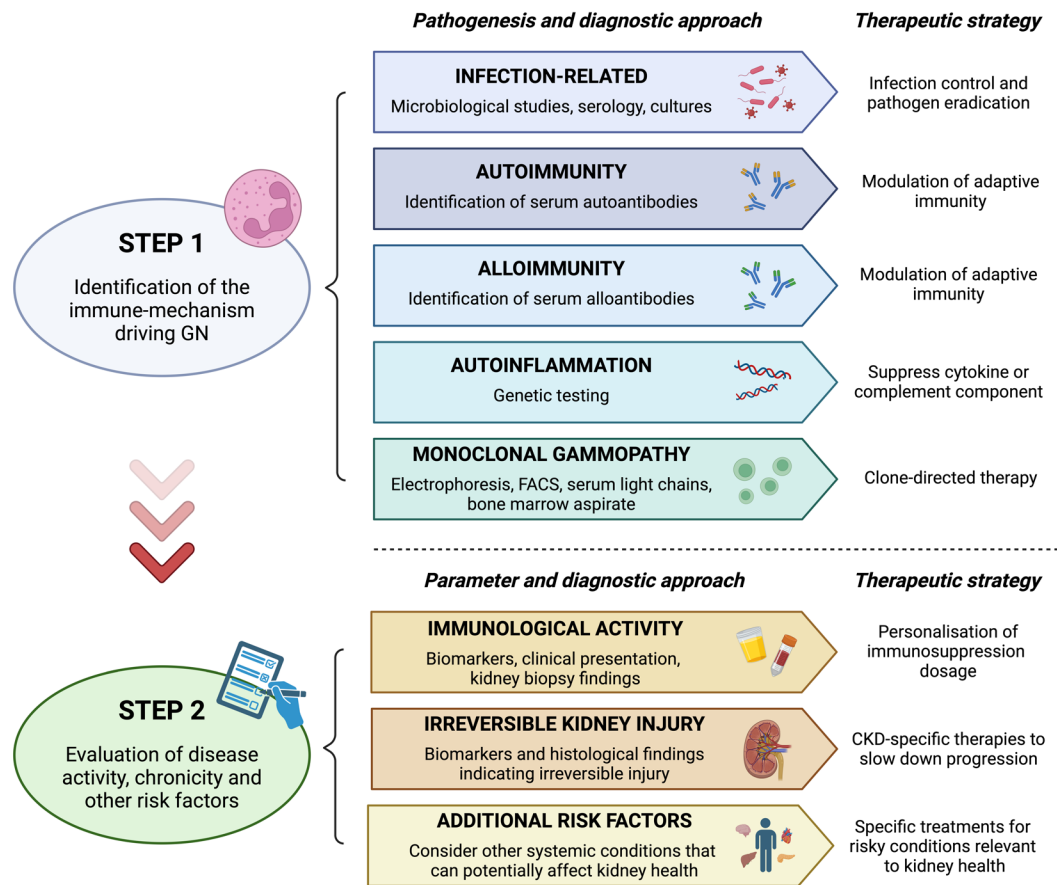
gammopathy-related GN. Additionally both current disease activity as well as chronic changes [54] should be assessed to guide treatment. Furthermore, other systemic disorders and risk factors that might affect kidney lifetime should be included in this classification. Among these, diabetes, hypertension, metabolic syndrome and lifestyle are highly relevant for patient and kidney outcome, especially if GN occurs. This classification is called GN-AC and is determined using the following algorithm (**Figure 1**).

The GN-AC Classification

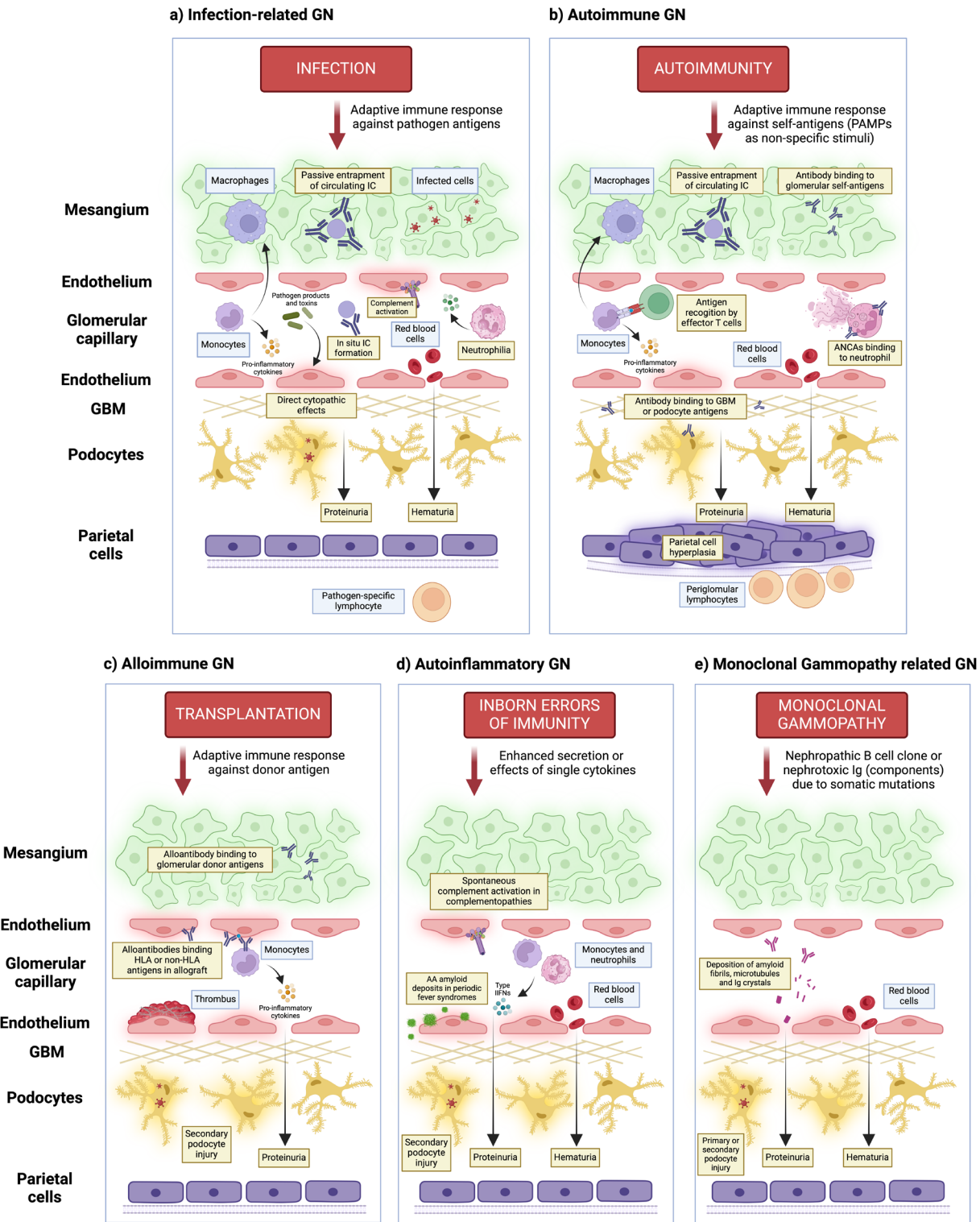
In a first step the immune mechanism driving GN is explored (**Figure 2**).

Infection-related GN

Infection-related GN is triggered by acute, subacute or persistent infections of bacterial, viral, fungal or parasitic origin [5,9,10,55,56]. Common GN causing pathogens are e.g. beta-hemolytic streptococci [9] or HIV [55]. These infections lead to an activation of the host defense. Through a deposition of circulating immune complexes in the glomeruli, the activation of complement, or direct cytotoxic effects of the pathogens, immune cells are attracted to the glomeruli leading to further inflammation and damage. Therapeutic approaches for this GN entity should rely primarily on pathogen eradication.



**Figure 1. Algorithm to classify and treat glomerulonephritis.** In the first step, immune pathogenesis needs to be identified to guide treatment. In the second step, immunological activity, chronic kidney injury and additional systemic risk factors should be considered to obtain patient-individual treatment strategies.



**Figure 2. Detailed molecular mechanisms of the different immunophenotypes of glomerulonephritis.** GN: Glomerulonephritis; IC: Immune Complex; HLA: Human Leucocyte Antigen.

Immunosuppressive treatment should be avoided unless the infection is well controlled [10,36].

### Autoimmune GN

Autoimmune GN is caused by a loss of immune tolerance leading to autoantibody production, as seen e.g. in systemic lupus erythematosus [57,58] or anti-PLA2R-related membranous GN [59]. Both the adaptive as well as the innate immune system contribute to this GN entity. Well-established immuno-serological assays can nowadays detect pathogenic antibodies (anti-dsDNA, MPO-ANCA, PR3-ANCA, anti-PLA2R and probably anti-slit diaphragm like anti-Nephrin [60] that drive autoimmune GN. Besides antibody producing B cells and long-living plasma cells, autoreactive T cells [61], and neutrophils play a crucial role [62]. Therapeutic approaches aim to target these immune components. Unspecific immune-modulating agents include glucocorticoids and calcineurin inhibitors. Antibody producing cells like B-cells or plasma cells can be specifically targeted using Rituximab, Obinutuzumab [43,44] or emerging CAR-T cell therapies [63]. The latest scientific evidence is reassuring that with these cell-targeted therapies a sustainable suppression of autoimmunity and inflammation is possible.

### Alloimmune GN

Alloimmune GN develops in transplant recipients due to immune responses of the host against donor antigens [17,18]. Often CD8+ T cells, NK cells, complement system and donor-specific antibodies are involved. Whereas T-cell mediated rejection mainly leads to tubulointerstitial inflammation, antibody-mediated rejection additionally can lead to an inflammation of the kidneys' glomeruli. Current therapeutic approaches focus on immunosuppressive regimens that suppress adaptive immune response to induce immunological tolerance and prevent graft rejection [64].

### Autoinflammatory GN

Autoinflammatory GN results from genetic defects causing dysregulation in innate immune pathways [1,4,65]. These comprise activation of complementary system or cytokine overproduction. These rare diseases can be diagnosed with molecular genetic testing or specific assays (e.g. phagocytosis assay for chronic granulomatous disease, complement diagnostic for complement-mediated GN). To treat this entity a targeted blockade of specific inflammatory pathways like anti-IL-1, anti-TNF, anti-interferon, or complement inhibitors is favored. Broad immunosuppression should be avoided if possible due to side-effects.

### Monoclonal gammopathy-related GN

Monoclonal gammopathy-related GN is caused by nephrotoxic monoclonal immunoglobulins [32,33] or their components that are produced by clonal B cells or plasma cells [33]. For diagnosis immuno-serological examinations like electrophoresis and immune fixation are used, whereas kidney biopsy workup shows monoclonal immunoglobulin deposition in the glomeruli. Here, therapeutic approaches should focus on the elimination of the pathogenic clone through treatment agents derived from multiple myeloma therapy protocols.

In a second step the current activity of the GN should be evaluated and compared to chronic changes. Furthermore, we propose to consider other systemic preconditions and risk factors that are affecting kidney lifetime.

### Activity

Activity (A) defines the current immunological activity of a disease. Ranging from absent, low, moderate or high based on biomarkers, clinical presentation, and biopsy findings, therapy guidance can be achieved. For example, high activity would typically necessitate intensive immunosuppressive therapy to prevent further acute injury [52]. Low activity would question potential harmful immunosuppressive treatments, and therapy would rely on treating e.g. chronicity.

### Chronicity

Chronicity (C) reflects the duration and extent of irreversible kidney damage [66-69]. A categorization into absent, early chronic kidney disease (CKD), advanced CKD, or kidney failure, seems appropriate. Treatment of chronicity is possible using CKD-specific therapies, such as renin-angiotensin system inhibitors, sodium-glucose cotransporter-2 inhibitors, or mineralocorticoids. With these drugs the progression of renal dysfunction can be mitigated.

### Additional risk factors

Additionally, we propose considering risk factors for future kidney health comprising systemic or other relevant conditions of a patient. Besides metabolic disorders and hypertension, kidney life limiting conditions like heart failure, or liver cirrhosis should be considered. Treatment of these diseases is crucial to prevent further damage to the kidney. As the kidney is a central organ of the body, dependent on the function of other organs, a holistic treatment approach is needed. In the case of GN treating these risk factors is crucial as without it, patients might not benefit from highly specific and costly GN treatments.

### Practical Implications

This new GN-AC classification is empowered by multidimensional immunophenotyping, including serological biomarkers, genetic testing, kidney biopsy, and non-invasive methods. Research efforts of the last decades identified autoantibodies (e.g. anti-PLA2R, MPO-ANCA, PR3-ANCA, anti-GBM) and free light chains to monitor disease activity. Especially for autoinflammatory GN genetic testing is crucial [51,62,70] and now widely available. Kidney biopsy workups, being the gold-standard of GN diagnosis, can now be complemented by systemic immune evaluations. Additionally, light microscopy, immunohistochemistry and electron microscopy might be supplemented with spatial transcriptomics in the future for a better identification of disease-causing cells in the different GN entities. With the emerging biomarkers, diagnostic precision and patient outcomes will be improved and might abrogate in more and more cases the necessity to perform invasive and potential harmful kidney biopsies.

We believe that a pathogenesis-based categorization has profound implications for treatment (**Table 1**). Infections require direct control, obviating the need for immunosuppression unless pathogen clearance is achieved. Autoimmune and alloimmune forms benefit from adaptive immunity-targeted therapies, while autoinflammatory types respond to specific cytokine or complement inhibition. Furthermore, monoclonal gammopathies necessitate clonal eradication as the cornerstone of management. Besides the treatment of active disease, chronic injury should be targeted as well (**Table 2**).



**Table 1.** GN-AC classification and reporting system for GN.

| Classification criteria                             | Report  | Therapy  |
|---|---|--|
| GN: Glomerulonephritis defined by immunophenotyping | Infection-related: specify etiology and chronicity  | Infection control, assess immunotherapy  |
|   | Autoimmunity: specify autoantigen (e.g. gd-IgA1, PLA2R, MPO, PR3, exostosin 1-2) and systemic disorder (SLE, AAV) | Immunotherapy (targeted or broad spectrum)   |
|   | Alloimmunity: specify type of graft and alloantigen (HLA class I or II, non-HLA antibodies)                       | Immunosuppression, B-targeted therapy, PLEX, complement blockade, plasma-cell targeted therapy |
|   | Autoinflammation  | Specific pathway blockade  |
|   | Monoclonal gammopathy   | Clone-directed therapy   |
| A: Activity (immunological)                         | 0: Absent   | Observation  |
|   | 1: Low (serum biomarkers and/or nephrotic syndrome and/or little active injury on kidney biopsy)                  | Observation or specific therapy  |
|   | 2: Moderate (serum biomarkers and/or moderate active injury on kidney biopsy)                                     | Specific therapy   |
|   | 3: High (serum biomarkers and/or nephrotic syndrome and/or high active injury on kidney biopsy)                   | Intense specific therapy, consider bail-out therapies if refractory                            |
| C: Chronicity                                       | 0: Absent (no CKD or no glomerulosclerosis/fibrosis on biopsy)  | Observation  |
|   | 1: Early CKD (G1/A1-A2) and/or few glomerulosclerosis/fibrosis on biopsy  | Observation or CKD therapy   |
|   | 2: Advanced CKD (G2-4/A1-3) and/or significant glomerulosclerosis/fibrosis on kidney biopsy                       | CKD therapy  |
|   | 3: Kidney failure (G5, G5D), severe glomerulosclerosis/fibrosis or atrophy in kidney biopsy                       | CKD therapy, consider kidney replacement therapies   |
| Additional risk factors                             | Lifestyle and clinical history (e.g. sedentarism, tobacco use, therapeutic adherence, past or future pregnancies) | Assess clinical lifestyle changes, planned pregnancies, warning signs                          |
|   | Previous organ specific diseases (e.g. previous AKI, nephrectomy, heart failure, cirrhosis, dementia)             | Control of comorbidities, rehabilitation if possible   |
|   | Systemic diseases / Immunodeficiencies (e.g. type 2 diabetes mellitus, SLE, APS, AIDS)                            | Control of comorbidities, referral to other specialists if necessary                           |
|   | Serologic background (CMV, EBV, HIV) and microbiological hazards  | Prophylaxis, chronic ART, if necessary, referral to other specialists if necessary             |
|   | Genetic background (COL4A3, ADPKD, APOL1)   | Specific treatment if possible   |

PLA2R: Phospholipase-A2-receptor, MPO: Myeloperoxidase; PR3: Proteinase 3; SLE: Systemic Lupus Erythematosus; AAV: ANCA-Associated Vasculitis; HLA: Human Leucocyte Antigen; CKD: Chronic Kidney Disease; APS: Anti-Phospholipid Syndrome; AIDS: Acquired Immunodeficiency Syndrome; CMV: Cytomegalovirus; EBV: Epstein-Barr Virus; HIV: Human Immunodeficiency Virus; ART: Anti-Retroviral Therapy; COL4A3: Collagen Type IV Alpha 3; ADPKD: Autosomal Dominant Polycystic Kidney Disease; APOL1: Apolipoprotein L1.

**Table 2.** Treatment principles for GN subtypes with respect to activity and chronicity.

| Glomerulonephritis subtype | Activity treatment   | Chronicity treatment                                |
|----------------------------|--|---|
| Infection-related          | Infection control, e.g., antibiotics                         | CKD treatment, e.g., including ACEi and SGLT2i      |
| Autoimmunity               | Immunosuppressive or clone-targeted therapy                  | CKD treatment, e.g., including ACEi and SGLT2i      |
| Alloimmunity               | Immunosuppression  | Modification of immunosuppression and CKD treatment |
| Autoinflammation           | Selective immunotherapy like blockade of a specific cytokine | CKD treatment, e.g., including ACEi and SGLT2i      |
| Monoclonal Gammopathy      | Chemotherapeutic agents depending on the nature of the clone | CKD treatment, e.g., including ACEi and SGLT2i      |

ACEi: Angiotensin Converting Enzyme inhibitor. SGLT2i: Sodium Glucose Cotransporter 2 inhibitor.

Furthermore, recent years have brought substantial advances in the treatment of glomerulonephritis, particularly in lupus nephritis. Obinutuzumab, a type II anti-CD20 monoclonal antibody, has emerged as a promising agent. In the REGENCY trial, the addition of obinutuzumab to standard therapy significantly improved renal outcomes in patients with lupus nephritis compared to standard therapy alone [71]. Moreover, a recent head-to-head comparison of obinutuzumab versus rituximab in patients with membranous nephropathy suggested superior efficacy and a favorable pharmacodynamic profile for obinutuzumab [72]. A further innovative therapeutic avenue involves CAR-T cell therapy targeting CD19-positive B cells. A 2024 case series demonstrated that CD19-directed CAR-T cell therapy induced remission in refractory autoimmune diseases, including lupus nephritis. This treatment was associated with sustained B-cell depletion, reduced disease activity, and preservation of kidney function. Although still under clinical investigation, these findings indicate a potential paradigm shift in the treatment of patients who do not respond to conventional immunosuppression [73]. In the field of IgA nephropathy (IgAN), novel therapies targeting the complement system are being developed. Iptacopan, an oral alternative complement pathway inhibitor that selectively binds factor B, has demonstrated promising results. In the phase 3 APPLAUSE-IgAN trial, iptacopan significantly reduced proteinuria compared to placebo in patients at high risk of disease progression. In August 2024, the FDA granted accelerated approval for iptacopan to reduce proteinuria in adults with primary IgAN [74]. For C3 glomerulopathy (C3G), a rare complement-mediated kidney disease, iptacopan also showed efficacy. In a phase 2 study, iptacopan reduced proteinuria by approximately 45% in patients with C3G, leading to its FDA approval in March 2025 for the treatment of adults with C3G to reduce proteinuria [75]. Another complement inhibitor, pegcetacoplan, targeting C3 itself, has also demonstrated substantial benefit in patients with C3G and immune complex-mediated membranoproliferative glomerulonephritis, as shown in the VALIANT trial [76]. To support clinical implementation, the most recent KDIGO Clinical Practice Guidelines provide comprehensive, evidence-based recommendations [77,78].

The proposed GN-AC model fosters advancements in research. It encourages the exploration of immunopathogenesis of GN. With the discovery of novel biomarkers (e.g. anti-Nephrin [79], anti-Podocin [80]) therapeutic innovations become possible beyond ancient histological paradigms. The educational simplification provides a coherent framework for understanding GN, making it accessible to researchers and clinicians across disciplines. Furthermore, for the design of clinical trials the selection of participants can now be based on immunological activity rather than non-specific markers like proteinuria. This might enhance trial efficacy and relevance.

## Conclusion

The GN-AC classification represents a transformative approach to GN diagnosis and management. By aligning disease categorization with immunopathogenesis, the framework bridges the gap between disease mechanisms and treatment. It overcomes limitations of traditional histopathological methods, providing clearer guidance for treatment and fosters a deeper understanding of GN. With advancements in biomarker development and non-invasive diagnostics, the holistic GN-AC system has the potential to significantly improve patient outcomes and streamline GN-related research and education.

## Conflicts of Interest

The authors declare no conflicts of interest on the topic of the review.

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