

## Appendices

**Appendix 1:** Differential diagnosis for enteropathies with villous atrophy and negative coeliac serology - inspired by “Nomenclature and diagnosis of seronegative coeliac disease and chronic non-coeliac enteropathies in adults: the Paris consensus” by Annalisa Schieppati et al. [5].

- Seronegative coeliac disease including coeliac disease associated with IgA deficiency and coeliac disease associated with CVID
- Auto-immune enteropathy
- Drug induced enteropathy (angiotensin II receptor blockers particularly olmesartan, azathioprine, micophenolate mophetile, methotrexate and chemotherapy)
- Enteropathy associated T-cell lymphom
- CVID
- Tropical Sprue
- Giardiasis
- Indolent CD4 T cell lymphoma
- Transplanted small intestine
- Radiotherapy and graft-versus-host disease.
- Crohn’s disease
- HIV enteropathy
- Eosinophilic enteritis
- Idiopathic villous atrophy

**Appendix 2:** Comparison between Olmesartan-induced enteropathy and coeliac disease

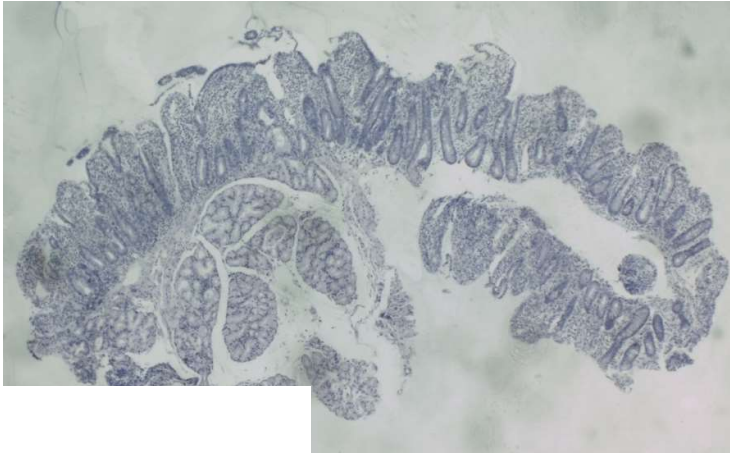
	<b>Olmesartan-induced enteropathy [3,5]</b>	<b>Coeliac Disease [6,14]</b>
<b>Epidemiology</b>	Very rare occurrence (<1/10000). Sur-risk < 1/10000 patients treated for exposure durations of more than 2 years. 1,1 to 4,9 cases per million patients exposed per year.	1% of the world's population and growing in recent years. Significant geographical disparities. 13 new cases/100,000 inhabitants per year
<b>Population</b>	Men = Women (45-55%). Average age: 68.	Male/female ratio 1:2 - all ages (70% >20y). White ethnicity. Most often diagnosed in childhood.
<b>Clinic</b>	Acute or chronic diarrhoea Weight loss (average 18kg) Nausea +/- vomiting Abdominal pain Bloating Fatigue	<i>Digestive symptoms:</i> chronic diarrhoea, weight loss, bloating, constipation. <i>Atypical symptoms:</i> dermatitis herpetiformis, ataxia, recurrent mouth ulcers, depression. <i>Aspecific symptoms:</i> chronic fatigue, headache, abdominal pain, osteoporosis. <i>Biological manifestations:</i> anemia +/- iron, B9 or B12 deficiency. Elevated liver enzymes.
<b>Diagnosis</b>	<b>Exclusion diagnosis.</b> <b>Taking Olmesartan + duodenal biopsies with villous atrophy +/- intraepithelial lymphocytosis + negative</b>	<b>Positive celiac serology:</b> anti-Tg IgA + in the absence of total IgA deficiency (Sensitivities of 90-9% and negative predictive values

	<p><b>celiac serology.</b></p> <p>Typically, months to years after initiation of medication (3 years).</p>	<p>of 99-6%) + <b>Duodenal biopsies with villous atrophy +/- intraepithelial lymphocytosis.</b></p> <p><i>In children, if anti-Tg Ac&gt;10N AND symptoms, biopsy not necessary for diagnosis.</i></p> <p>Requires gluten ingestion! Possibility of gluten challenge (3g/D, &gt;14D).</p> <p><i>In case of intermediate value, IgA EMA assay (anti-endomysial Ac).</i></p> <p><i>In case of IgA deficiency: anti-DGP IgG, anti-Tg IgG, EMA IgG assay.</i></p> <p><i>In case of doubt: HLA DQ2/DQ8 typing to exclude CD (99% VPN).</i></p>
<b>Biopsies</b>	<p><b>Total or partial villous blunting</b> (92%)</p> <p><b>Increased intraepithelial lymphocytes</b> (IELs) ranging from 25 to more than 100 lymphocytes per 100 enterocytes (61%)</p> <p><b>Subepithelial collagen thickening</b> (22%)</p> <p>Variable degrees of lamina propria chronic inflammation, acute inflammation, and increased eosinophils may be present</p>	<ul style="list-style-type: none"> <li>• <b>Increased intraepithelial T-lymphocytes:</b> &gt;25 T-lymphocytes/100 enterocytes</li> <li>• <b>Crypt hyperplasia</b> : extension of the regenerative epithelial crypts associated with presence of more than 1 mitosis per crypt.</li> <li>• <b>Villous atrophy:</b> decrease in villous height, alteration of normal crypt/villous ratio (3:1) until total disappearance of villi.</li> </ul> <p>Marsh classification (4 duodenal biopsies + 1 bulb biopsy).</p>
<b>Genetic Predisposition</b>	<p>No genetic predisposition, but HLA-DQ2/DQ8 prevalence higher in patients developing enteropathy on Olmesartan than in the general population (60-80% according to case studies vs. 30%).</p>	<p><b>HLA DQ2/DQ8 in 100% of patients</b></p> <p>90% are HLA DQ2 +, 10% HLA DQ8 + (including even heterozygotes!)</p>
<b>Complications</b>	<p>Dehydration with or without renal failure</p> <p>Electrolyte disorders including hypokalemia</p> <p>Metabolic acidosis</p> <p>undernutrition</p> <p>No death reported.</p> <p>Unknown oncological risk</p>	<p>Osteoporosis</p> <p>Dermatitis herpetiformis</p> <p>T lymphoma of the digestive tract</p> <p>Non-Hodgkin's lymphoma</p> <p>Digestive cancer (mainly small bowel and liver)</p> <p>Can lead to death.</p>
<b>Treatment</b>	<p><b>Drug discontinuation.</b></p> <p>Management of complications.</p> <p>Clinical improvement in days/weeks.</p> <p>Biopsies and serologies normalized.</p>	<p><b>Gluten-free diet (GFD)</b></p> <p>Clinical improvement in days/weeks.</p> <p>Subsequent normalization of biopsies and serologies.</p> <p>Improves mortality and complications (T and non-Hodgkin's lymphoma, other neoplasia).</p>

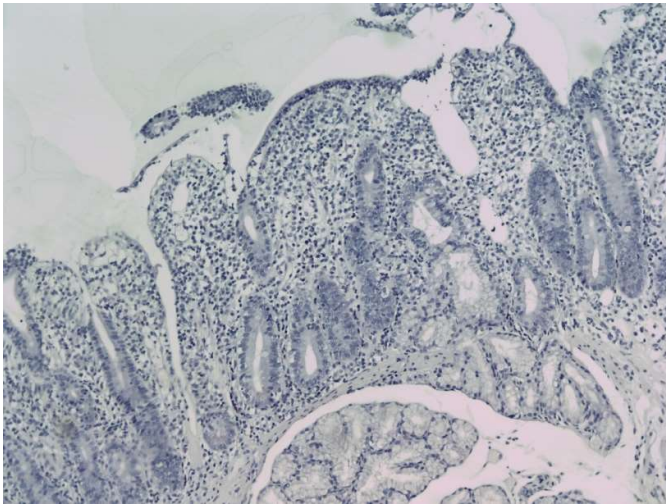
*CD, celiac disease; EGD, esophagogastroduodenoscopy; GFD, gluten-free diet; HLA, human leukocyte antigen; tTG, tissue transglutaminase; VA, villous atrophy.*

**Appendix 3:** Anatomopathology features of the patient.

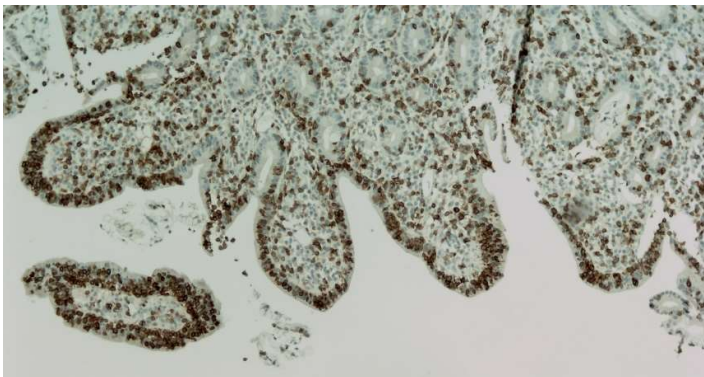
1. Fragment of duodenal mucosa with moderate to severe villous atrophy.



2. Inflammation in the lamina propria, as well as the increased number of intra-epithelial lymphocytes.



3. CD3 immunohistochemistry marks the lymphocytes. Almost 100 lymphocytes per 100 epithelial cells.



4. Normal duodenal mucosa; villous/crypt ratio over 3:1; number of T lymphocytes  $<25 \times 100$  epithelial cells. **(A)** H&E x 10, **(B)** CD3 immunostain x10. Extract from Villanacci V, Vanoli A, Leoncini G, Arpa G, Salviato T, Bonetti LR, Baronchelli C, Saragoni L, Parente P. Celiac disease: histology-differential diagnosis-complications. A practical approach. Pathologica. 2020 Sep;112(3):186-196.

